



Moving Recovery from Clinic to Home!

Stabl is a digital health platform that allows you to recover from surgery entirely from home using just a camera while staying connected to your clinical team.



2 DAILY CHECK-IN

Provide daily feedback to keep your clinical team updated on your progress

Daily Exercise Feedback

Have you taken your pain medication today?

Yes No

On a scale of 0-10, how would you rate your pain?

0 1 2 3 4 5 6 7 8 9 10

Did your pain disturb your sleep?

Yes No

Do you feel you are improving on your exercises?

Yes No

3 SECURE MESSAGING

Asynchronously message your clinician to maintain communication while at home

You're connected to

Dr. Harris Smith

Last Monday at 12:16 PM

Hi Doctor - my leg is swelling and feeling sore, is this normal?

Last Monday at 12:16 PM

Hi Emma! post-operative swelling and bruising of the operated limb are expected and normal. Try to keep your leg elevated

Hanna Sheikh Last Monday at 12:18 PM

Okay will do! Thank you

Last Monday at 12:18 PM

New - Today at 10:47 AM

Hi Emma - looks like your recovery is going great and you're right on track. Keep up the good work!

Hanna Sheikh Today at 10:47 AM

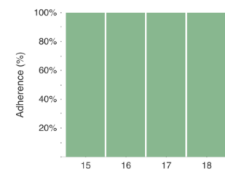
4 DATA-DRIVEN INSIGHTS

See how you are recovering with your own data

Adherence

How consistent have you been?

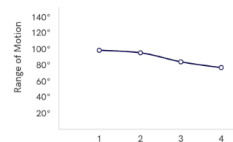
64% 82%
Last Week Overall



Range of Motion

Based on your weekly assessment

108° 110°
Last Week Overall



Using Stabl is as simple as:



1. Register your account after being invited



2. Complete daily feedback forms to update your clinician



3. Perform daily exercises using live motion tracking for at-home recovery

Stabl Key Benefits



Recover entirely from home



Stay connected to your trusted clinical team



Save time & money by transitioning follow up appointments to telehealth



For more information please feel free to contact us at: Email: info@stabl.io | Tel: 929-766- 0541 | stabl.io